

Western Region

Aikido Seminar

2020 Schedule of Events

Friday 21 st Feb	<p><i>Friday Night - Fight Night</i> Application of Kokikai Technique into Self Defense situation. Presented by Mike Sinagra</p> <p>Falcon Dojo Falcon e-Library 6:30pm – 8:00pm WELCOME DINNER</p>
Saturday 22 nd Feb	<p><i>From nothing to something - 1000 throws</i> The complete Kokikai test curriculum from 6th kyu to blackbelt in a day. Presented by Mike Sinagra and Allen Iu. Participants will see and practice every technique in the grading curriculum include the jyuwaza and randoori.</p> <p>Falcon Pavillion Set-up, registration and training 9:00am – 4:00pm Presentation and Speeches Dinner party</p>
Sunday 23 rd Feb	<p><i>Purifying the mind – Weapons and Misogi</i> This is an outdoor beach class. We will do a short weapons session followed by some breathing and stretching to ease the weekend's aches and pains before testing our one point with a cold dip in the Indian Ocean</p> <p>Avalon Bay Breathing, stretching, Weapons class and Misogi Coffee and croissant breakfast</p>

We are looking forward to seeing you.

To be best prepared please use the paypal option on the event webpage.
Social events will have individual costs and will be paid for at the venue.
Event webpage
www.kokikaiwa.org/event-registration



合気道光氣会
Aikido Kokikai Australia
A.C.N 158 929 036

**The complete
Kokikai
curriculum**

**Delegates from all
over Australia**

**Demonstrations
by top ranked
students**

**Technical
Application**

**Training
and
Social Events**

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FALCON KOKIKAI

Cobblers Road
Falcon WA6210

Registration and Fees

Cost for complete seminar - \$70
Individual sessions -\$20/session

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